The 21st Annual Update and Review of Internal Medicine 2017

October 22 - 27, 2017
La Fonda on the Plaza
Santa Fe, New Mexico

Course Directors:
University of New Mexico Health Sciences Center School of Medicine
Sanjeev Arora, MD

Beth Israel Deaconess Medical Center
Harvard Medical School
Sanjiv Chopra, MD
Martin J. Abrahamson, MD
Mark L. Zeidel, MD

SPECIAL SYMPOSIA:
- Viral Hepatitis
- Cardiovascular Disease Prevention
- Obesity & Nutrition Symposium
- Women's Health Symposium

KEYNOTE & SPECIAL LECTURES:
- An Invitation to Good Health and Lasting Happiness
- Leadership Lessons from History: Abraham Lincoln
- Patients as Teachers
- Disruptive Innovations in Health Care: Project ECHO®

Combine Education with the Flavor of Southwestern Hospitality in Santa Fe "The City Different" ...
Course Description

Who Should Attend?
- Practicing internists, family medicine practitioners, and primary care physicians interested in refreshing their knowledge of internal medicine.
- Physicians preparing for the Recertification Examination or the Internal Medicine Boards.

This course will provide you with:
- An understanding of the clinically important advances that have been made in common diseases.
- An awareness of areas of strength and weakness by participating in case-based sessions using an interactive wireless Audience Response System.
- Recommendations for optimal management of many common diseases.
- The course syllabus on a USB device and access to the materials online.

Objectives

The major objective of this course is to provide a comprehensive review of the most important advances that have recently been made in internal medicine. Although board review is not the primary purpose of the course, question-based sessions are included and are likely to be useful to candidates taking the Internal Medicine Boards or the Recertification Examination.

The course is directed at the level of the internist and family practitioner in practice and will also be useful for residents. The emphasis will be placed on progress that has been made in pathophysiology and clinical management in the most common disorders seen by the internist and family practitioner. Each of the major subspecialties will be covered including cardiology, endocrinology, gastroenterology, hematology, infectious disease, nephrology, women's health, oncology, pulmonary disease, obesity and nutrition, and rheumatology.

Much of the material will be presented in lecture format by the best teachers and clinicians from two major medical centers. In addition, each specialty will have a case-based session using an interactive wireless Audience Response System that will be present on your desk. This system will allow you (anonymously) to test your knowledge in the different areas of medicine.

Course Directors
University of New Mexico Health Sciences Center
School of Medicine
Sanjeev Arora, MD
Professor of Medicine
Dorrie Murray
Program Manager
Beth Israel Deaconess
Medical Center
Harvard Medical School
Sanjiv Chopra, MD
Professor of Medicine
Martin J. Abrahamson, MD
Associate Professor of Medicine
Mark L. Zeidel, MD
Chair, Department of Medicine

Comments from Past Attendees...
- “A great course and a great location! I will be back again.”
- “Excellent, knowledgeable speakers!”
- “Overall, the best review course I have attended. I would highly recommend it.”
- “Wonderful, relevant review – a learning vacation!”
- “This is an excellent course with wonderful organization and outstanding lecturers.”
- “Very good investment of my time by attending this meeting – vast amount of data and CME available at one meeting!”
The course syllabus on a CD will be available online and mailed to you with:

- Recommendations for refreshing your knowledge and primary care medicine practitioners,
- An understanding of many common diseases.
- An interactive wireless based sessions using the Recertification Examination.
- The Recertification Examination.
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- The major objective of this course is to provide a

**Objectives**

- Although many recent advances have been made in pathophysiology and clinical management in internal medicine.
- The course will provide a wonderful, relevant review – a learning vacation!
- A great course and a great location! I will be back again.
- Overall, the best review course I have attended. I would highly recommend it.
- Excellent, knowledgeable speakers!
- "Wonderful, relevant review – a learning vacation!"
- "A great course and a great location! I will be back again."
- "Overall, the best review course I have attended. I would highly recommend it."
- "Excellent, knowledgeable speakers!"
Course Schedule

Sunday, October 22, 2017
7:00 am - 7:30 am: Registration and Continental Breakfast

Welcome and Introduction
7:30 am - 7:40 am: Martin J. Abrahamson, MD
Sanjeev Arora, MD; Sanjiv Chopra, MD
and Mark L. Zeidel, MD

SPECIAL SYMPOSIUM: Preventing Cardiovascular Disease
A Practical Approach for Evaluating Heart Disease in Your Patient
7:40 am - 8:20 am: R. Philip Eaton, MD and David S. Schade, MD
Cholesterol – Lower is not Necessarily Better
8:20 am - 9:00 am: Robert Dubroff, MD
Atherosclerosis is a Pediatric Disease – Treat it Early
9:00 am - 9:40 am: R. Philip Eaton, MD and David S. Schade, MD
Rebuttal, Cases and Questions from Audience
9:40 am - 10:05 am: Robert Dubroff, MD;
R. Philip Eaton, MD and David S. Schade, MD
10:05 am - 10:20 am: Break

Endocrinology
Treatment of Type 2 Diabetes 2017: Challenges and Opportunities
10:20 am - 11:00 am: Martin J. Abrahamson, MD
A Practical Approach to the Diagnosis and Management of Thyroid Diseases
11:00 am - 11:40 am: Martin J. Abrahamson, MD
11:40 am - 12:50 pm: Lunch Break
Endocrinology Q & A
12:50 pm - 1:05 pm: Martin J. Abrahamson, MD
Endocrinology: Challenging Cases with Your Participation
1:05 pm - 1:50 pm: Martin J. Abrahamson, MD

Infectious Disease
Staphylococcus Aureus - Resistance and Severe Infection in 2017
1:50 pm - 2:40 pm: Michelle Iandiorio, MD
2:40 pm - 2:55 pm: Break
Antibiotic Update: New Agents & New Strategies
2:55 pm - 3:40 pm: Michelle Iandiorio, MD
Parting Shot – Getting Adult Immunization Right
3:40 pm - 4:25 pm: Sarah Allen, MD
Rejuvenation Exercise
4:25 pm - 4:35 pm
HIV Infection: What the PCP Needs to Know
4:35 pm - 5:20 pm: Michelle Iandiorio, MD
The New C. Difficile – Epidemiology, Treatment and Prevention
5:20 pm - 6:00 pm: Sarah Allen, MD
Infectious Disease Q & A
6:00 pm - 6:15 pm: Michelle Iandiorio, MD and Sarah Allen, MD
Infectious Disease: Challenging Cases with Your Participation*
6:15 pm - 7:00 pm: Michelle Iandiorio, MD

Monday, October 23, 2017
6:30 am - 7:00 am: Continental Breakfast

SPECIAL LECTURES
Vitamin D: What’s My Myth & What’s Fact
7:00 am - 7:40 am: Frank J. Domino, MD
Laboratory Tests and Diagnostic Procedures
7:40 am - 8:30 am: Sanjeev Chopra, MD

SPECIAL SYMPOSIUM: Viral Hepatitis
Hepatitis B: An Update
8:30 am - 9:15 am: Sanjeev Chopra, MD
Chronic Hepatitis C: The Silent Epidemic
9:15 am - 10:05 am: Sanjeev Arora, MD
Answering Your Questions
10:05 am - 10:20 am: Sanjeev Arora, MD and Sanjiv Chopra, MD
10:20 am - 10:40 am: Break

Gastroenterology
Inflammatory Bowel Disease
10:40 am - 11:25 am: Michael Gavin, MD
11:25 am - 12:35 pm: Lunch Break
Microbes, Man & Medicine
12:35 pm - 1:15 pm: Henry C. Lin, MD
Gastroenterology Q & A
1:15 pm - 1:30 pm: Henry C. Lin, MD;
Michael Gavin, MD and Sanjiv Chopra, MD
Gastroenterology: Challenging Cases with Your Participation*
1:30 pm - 2:15 pm: Sanjeev Chopra, MD
2:15 pm - 2:35 pm: Break

Obesity & Nutrition Symposium
Nutrition: Facts & Fiction
2:35 pm - 3:15 pm: Henry C. Lin, MD
Motivational Interviewing for Weight Loss
3:15 pm - 3:45 pm: Frank J. Domino, MD
Medical Management of Obesity
3:45 pm - 4:25 pm: Martin J. Abrahamson, MD
Rejuvenation Exercise
4:25 pm - 4:35 pm

Rheumatology
Diagnostic Tests in Rheumatic Diseases:
What’s Old, What’s New & What’s Useful
4:35 pm - 5:15 pm: Robert H. Shmerling, MD
Advances in Rheumatoid Arthritis
5:15 pm - 5:55 pm: Arthur Bankhurst, MD
Rheumatology Q & A
5:55 pm - 6:10 pm: Robert H. Shmerling, MD
Rheumatology: Challenging Cases with Your Participation
6:10 pm - 6:55 pm: Robert H. Shmerling, MD
Tuesday, October 24, 2017
6:30 am - 7:00 am ........... Continental Breakfast

Oncology
Update on Lung and Colorectal Cancers
7:00 AM - 7:45 AM .......... Steven E. Come, MD
Prostate Cancer: Current Management and Continuing Controversies
7:45 AM - 8:30 AM .......... Steven E. Come, MD
8:30 AM - 8:50 AM ........... Break
Cancer: From the Bench to the Bedside
8:50 AM - 9:35 AM .......... Lowell E. Schnipper, MD
How We Think About and Manage Breast Cancer in 2017
9:35 AM - 10:25 AM .......... Steven E. Come, MD
Oncology Q & A
10:25 AM - 10:40 AM .......... Lowell E. Schnipper, MD
Oncology: Challenging Cases with Your Participation*
10:40 AM - 11:25 AM .......... Lowell E. Schnipper, MD
11:25 AM - 12:35 PM ........... Lunch Break

SPECIAL LECTURES
Non-Alcoholic Steatohepatitis:
The Burgeoning Epidemic
12:35 PM - 1:15 PM .......... Sanjiv Chopra, MD
Leadership Lessons from History:
Abraham Lincoln
1:15 PM - 1:55 PM .......... Mark L. Zeidel, MD
Rejuvenation Exercise
1:55 PM - 2:05 PM

KEYNOTE LECTURE
An Invitation to Good Health and Lasting Happiness
2:05 PM - 2:50 PM .......... Sanjiv Chopra, MD

Nephrology
Managing Electrolyte Disorders: Is it just Salt and Water?
2:50 PM - 3:30 PM .......... Mark L. Zeidel, MD
An Update in Nephrology
3:30 PM - 4:10 PM .......... Robert S. Brown, MD
4:10 PM - 4:30 PM ........... Break
End Stage Renal Disease: A Model for the Medical Home
4:30 PM - 5:15 PM .......... Mark L. Zeidel, MD
Chronic Kidney Disease Management: It’s Not Just for Nephrologists
5:15 PM - 6:00 PM .......... Robert S. Brown, MD
Nephrology Q & A
6:00 PM - 6:15 PM .......... Robert S. Brown, MD
Nephrology: Challenging Cases with Your Participation
6:15 PM - 7:00 PM .......... Robert S. Brown, MD

Wednesday, October 25, 2017
6:30 AM - 7:00 AM ........... Continental Breakfast

SPECIAL LECTURES
Patients as Teachers – and Sources of Inspiration
7:00 AM - 7:40 AM .......... Martin J. Abrahamson, MD

Hematology
The Many Faces of Thrombocytopenia
7:40 AM - 8:25 AM .......... Kenneth Kaushansky, MD
Selected Clinical Challenges in Hematology
8:25 AM - 9:15 AM ........... Reed Drews, MD
Developments in Thrombosis and Anticoagulation
9:15 AM - 10:00 AM .......... Kenneth D. Friedman, MD
10:00 AM - 10:20 AM ........... Break

Miscellaneous Topic
Hypertension Management in Chronic Kidney Disease
10:20 AM - 11:05 AM .......... Mark Unruh, MD

Hematology
Anemia: Not-to-miss Diagnoses
11:05 AM - 11:45 AM .......... Reed Drews, MD
Hematology Q & A
11:45 AM - 12:00 PM .......... Kenneth D. Friedman, MD
and Reed Drews, MD
Hematology: Challenging Cases with Your Participation*
12:00 PM - 12:45 PM .......... Reed Drews, MD

Afternoon free for leisure activities.

Santa Fe is truly one of the most remarkable cities in the world. It is blessed with spectacular mountains, blue skies, clean air, vivid sunsets and a mild changing of the seasons. There are many activities available in Santa Fe on a daily or nightly basis for you and your family. Santa Fe is the third largest art market in the country. Browse through an astonishing array of shops, boutiques, galleries and fine museums. Excellent restaurants, featuring every type of cuisine, are numerous.

Airline/Transportation - Santa Fe is served by all major airlines through the Albuquerque International Airport, which is just an hour’s drive via Interstate 25. The Sandia Shuttle Express operates between the Albuquerque International Airport and downtown Santa Fe at convenient intervals throughout the day. Reservations are recommended. Please call toll free (888) 775-5696 for reservations, or visit their website at www.sandiashuttle.com.
Thursday, October 26, 2017
6:30 AM - 7:00 AM ........ Continental Breakfast

SPECIAL LECTURE
Sharpen Your “Eye-Q”: an interactive Ophthalmology review and update
7:00 AM - 7:50 AM ........ Mark L. Schluter, MD

Pulmonary Disease
Approach to the Patient with Cough and Dyspnea
7:50 AM - 8:35 AM ........ Katherine Berg, MD
Pulmonary Hypertension
8:35 AM - 9:25 AM ........ H. Katrina Busby, MD
9:25 AM - 9:45 AM ........ Break
Mycobacterial Disease
9:45 AM - 10:30 AM ........ H. Katrina Busby, MD
Pulmonary Q & A
10:30 AM - 10:50 AM ........ H. Katrina Busby, MD and Katherine Berg, MD
Pulmonary: Challenging Cases with Your Participation*
10:50 AM - 11:35 AM ........ Katherine Berg, MD
11:35 AM - 12:45 PM ........ Lunch Break

MISCELLANEOUS TOPIC
Radiology Review: The Right Test at the Right Time
12:45 PM - 1:30 PM ........ Mahan Mathur, MD

SPECIAL LECTURE
Disruptive Innovations in Health Care: Project ECHO®
1:30 PM - 2:15 PM ........ Sanjeev Arora, MD

Cardiology
Valvular Heart Disease
2:15 PM - 3:00 PM ........ Alex Schevcuch, MD
Rejuvenation Exercise
3:00 PM - 3:10 PM
Congestive Heart Failure
3:10 PM - 3:55 PM ........ Mark E. García, MD
Acute Coronary Syndrome
3:55 PM - 4:40 PM ........ Stacey Clegg, MD
Atrial Fibrillation: Current Approaches to Management
4:40 PM - 5:20 PM ........ Shmuel Inbar, MD
5:20 PM - 5:35 PM ........ Break
Cardiology Q & A
5:35 PM - 5:50 PM ........ Alex Schevcuch, MD; Mark E. García, MD; Stacey Clegg, MD; Shmuel Inbar, MD
Cardiology: Challenging Cases with Your Participation
5:50 PM - 6:35 PM ........ Stacey Clegg, MD

Friday, October 27, 2017
7:00 AM - 7:30 AM ........ Continental Breakfast

Women’s Health Symposium
What’s New in Contraception
7:30 AM - 8:15 AM ........ Brenda Pereda, MD
Current Concepts in the Diagnosis and Treatment of Osteoporosis
8:15 AM - 9:00 AM ........ Arthur Bankhurst, MD
Urinary Incontinence
9:00 AM - 9:45 AM ........ Gena C. Dunivan, MD
9:45 AM - 10:05 AM ........ Break
Polycystic Ovarian Syndrome
10:05 AM - 10:50 PM .......... Naomi Y. Swanson, MD
Questions from Audience
10:50 AM - 11:10 AM ........ Brenda Pereda, MD; Arthur Bankhurst, MD; Gena C. Dunivan, MD; Naomi Y. Swanson, MD

Miscellaneous Topics
Update on the Global HIV and TB Epidemics: What Progress are We Making Towards Getting to Zero
11:10 AM - 11:55 AM .......... Bruce Baird Struminger, MD, MA
11:55 AM - 1:05 PM ........ Lunch Break
Cannabis Use by Our Patients: The Good, The Bad, and The Ugly
1:05 PM - 1:50 PM ........ Miriam Komaromy, MD
Primary Care Treatment of Depression and Anxiety
1:50 PM - 2:40 PM ........ Brant Hager, MD
Four Common Pain Conditions: Managing them Painlessly!
2:40 PM - 3:25 PM .......... George D. Comerci, Jr, MD
3:25 PM .......... Adjourn
* Computer-based interactive sessions
* Final Program subject to change.

Avis Rent A Car is offering special rates to attendees of the Update and Review of Internal Medicine. Reservations can be made by calling 1-800-331-1600 or online at www.avis.com. Refer to Code J099242 when placing your reservation.

Climate - low humidity and skies free of smoke and fog make the climate in Santa Fe one of the healthiest in the United States. The sun shines an average of 300 days a year, and the city’s 7,000 foot elevation makes for warm, sunny days (highs in 60’s, 70’s) and cool nights (lows in 40’s).

Individuals requiring special accommodations should contact the Continuing Medical Education & Professional Development at (505) 272-3942 as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.
General Information

Accreditation
AMA: The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of 50.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

AOA: Application for 2A accreditation has been filed with the American Osteopathic Association.

Contact Information
This conference is presented by the University of New Mexico, School of Medicine, Continuing Medical Education & Professional Development.

For additional information contact:
Continuing Medical Education & Professional Development
MSC09 5370
1 University of New Mexico
Albuquerque, NM 87131-0001
(505) 272-3942
FAX (505) 272-8604

Visit our website at:
http://som.edu/education/cme

Accommodations
La Fonda on the Plaza, Santa Fe, NM
100 East San Francisco
800-523-5002, Option #1 or
505-982-5511, Option #1
Group Code: 744986

Traditional Room rate: $209.00 single/double occupancy (a limited number of Standard Rooms are available at $199.00 s/d occupancy)
*Based on availability, upgraded rooms are available at special room rates:
- Deluxe Room: $239.00 s/d occupancy
- One-bedroom Suite: $289.00 s/d occupancy

*Please contact Hotel directly to make reservations for Deluxe Rooms, One-bedroom Suites, and Terrace at La Fonda Rooms. Please call between the hours of (Mountain Standard Time): Monday – Friday: 7am-8pm; Saturday: 8am-5pm; Sunday: 9am-5pm

Cancellation
If you cannot attend, the Office of Continuing Medical Education will refund tuition, less a $100.00 administrative fee, provided it is received in writing prior to October 13, 2017. No refunds will be issued after this date or for non-attendance.

Tuition Remission
All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed. Properly completed remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

Registration Fees
"Early Bird" Registration (Postmarked on or before September 29, 2017)
MD, DO $1,345.00
House Officer $1,195.00

Regular Registration (Postmarked after September 29, 2017)
MD, DO $1,445.00
House Officer $1,295.00

Your registration fee includes the academic sessions, daily continental breakfast, refreshment breaks, and the course syllabus on a USB device and access to the materials online. A printed copy of the two-volume syllabus is available for an additional fee of $75.00. Your pre-registration will be confirmed.

Please confirm your registration prior to making travel arrangements. Minimum and maximum numbers have been established for this conference.
Update and Review of Internal Medicine 2017

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