New Mexico Section
ACOG
Department of Obstetrics & Gynecology & Continuing Medical Education & Professional Development

New Mexico Chapter
American College of Nurse Midwives

A Premier Women’s Health Conference featuring Local and National Experts

2017 Annual
Women’s Health Conference
The Practicalities of Practice

Embassy Suites Hotel, Albuquerque, New Mexico
February 10-11, 2017

~ Baby friendly session to meet annual provider CME credit
~ Sessions approved for ABOG MOC requirements

Presented by:

New Mexico Chapter
American College of Nurse Midwives

New Mexico Section
ACOG

UNM School of Medicine
Department of Obstetrics & Gynecology & Continuing Medical Education & Professional Development
### Objectives

This conference is intended for physicians, nurse midwives, nurse practitioners, physician assistants, nurses and related health care professionals.

1. Demonstration of key clinical skills and communication strategies in medical emergencies.
2. The integration of some of the newer technologies and testing into clinical practice in an appropriate and cost effective manner with awareness of the interdisciplinary impact of changes.
3. Identifying and addressing challenges in the provision of women’s health care in the current environment of patient expectations and government regulations.
4. Explain the importance in comprehensive planning and follow-up in the postpartum period.

### Planning Committee

- **Alice Chavez, MD, FACOG**  
  ABQ Health Partners Women’s Health  
  Albuquerque, NM

- **Eve Espey, MD**  
  Professor and Chair, UNM Department of Obstetrics & Gynecology; Professor, Division of Family Planning  
  Albuquerque, NM

- **Kathie Maxwell, FNP, CNM, MSN**  
  Perinatal Associates of New Mexico  
  Albuquerque, NM

- **Sarah Patel, BSN, RN**  
  Unit Based Educator; Women’s Special Care  
  Albuquerque, NM

- **Sharon Phelan, MD, FACOG**  
  Program Chair and Professor  
  UNM Department of OB/GYN  
  NM Section Chair  
  American College of Obstetricians and Gynecologists  
  Albuquerque, NM

- **Thanh-Tam Ho, CNM**  
  UNM Department of OB/GYN  
  Albuquerque, NM

### Speakers

### Guest Speakers

- **Cynthia Belew, MS, CNM, WHNP-C**  
  Associate Clinical Professor, Family Health Care Nursing  
  University of California San Francisco  
  San Francisco, CA

- **Haywood Brown, MD**  
  Professor and Chair Emeritus; Department of Obstetrics & Gynecology at Duke University School of Medicine; President-Elect, American College of Obstetricians and Gynecologists  
  Durham, NC

- **Jacquelyn Blackstone, DO**  
  Associate Professor, UNM Department of Obstetrics & Gynecology, Division of Maternal Fetal Medicine  
  Albuquerque, NM

- **Nathan Blue, MD**  
  UNM Visiting Instructor, Obstetrics & Gynecology Maternal Fetal Medicine  
  Albuquerque, NM

- **Eve Espey, MD**  
  Professor and Chair, UNM Department of Obstetrics & Gynecology; Professor, Division of Family Planning  
  Albuquerque, NM

- **Robert Ferraro, MD**  
  Medical Director, Southwest Regional Diabetes Center, Division of Southwest Endocrinology Assoc. PA  
  Albuquerque, NM

- **Kelly Gallagher, CNM**  
  UNM Department of Obstetrics & Gynecology, Chief, Certified Nurse Midwives  
  Albuquerque, NM

- **Thanh-Tam Ho, CNM**  
  UNM Department of Obstetrics & Gynecology  
  Albuquerque, NM

- **Lisa Holler, MD, MPH, MBA**  
  Assistant Professor, UNM Department of Obstetrics & Gynecology, Reproductive Health and Family Planning  
  Albuquerque, NM

- **Pat Huss, RNC**  
  RN Supervisor, Labor & Delivery  
  UNM Department of Obstetrics & Gynecology  
  Albuquerque, NM

- **Carmen Landau, MD**  
  Clinical Assistant Professor, UNM Department of Family Community Medicine; Associate Medical Director, Southwestern Women’s Options  
  Albuquerque, NM

- **Stefanie Luna, LMFT**  
  Owner/Partner, Wallin & Luna Counseling  
  Albuquerque, NM

- **Nikki Long, CNM**  
  Perinatal Associates of New Mexico  
  Albuquerque, NM

- **Kathie Maxwell, FNP, CNM, MSN**  
  Perinatal Associates of New Mexico  
  Albuquerque, NM

- **Jackie Olexy, JD, MSN, RN**  
  Attorney; Madison, Mroz, Steinman & Dekleva, P.A.  
  Albuquerque, NM

- **Sarah Patel, BSN, RN**  
  Unit Based Educator; Women’s Special Care  
  Albuquerque, NM

- **Brenda Pereda, MD, MSCR**  
  Assistant Professor  
  Reproductive Health & Family Planning Division  
  UNM Department of Obstetrics & Gynecology  
  Albuquerque, NM

- **Lisa Phelan, MD, FACOG**  
  Program Chair and Professor  
  UNM Department of OB/GYN  
  NM Section Chair  
  American College of Obstetricians and Gynecologists  
  Albuquerque, NM

- **Emilie Sebesta, MD**  
  Associate Professor, UNM Department of Pediatrics  
  Albuquerque, NM

- **Linda Siegle**  
  Lobbyist  
  American College of Obstetricians and Gynecologists  
  American College of Nurse Midwives  
  Santa Fe, NM

- **Rameet Singh, MD, MPH**  
  Assistant Professor  
  Reproductive Health & Family Planning  
  UNM Department of Obstetrics & Gynecology  
  Albuquerque, NM

- **Hien Kiem Tran, CNM**  
  Gynecology, Certified Nurse Midwives  
  Albuquerque, NM

- **Kristin Wallin, LMFT**  
  Owner/Partner, Wallin & Luna Counseling  
  Albuquerque, NM

- **Dora Wang, MD**  
  Historian, UNM School of Medicine; Psychiatrist  
  Albuquerque, NM
### Friday, February 10, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>10:00am - 10:45am</td>
<td>Nexplanon Training * Led by Eve Espey, MD</td>
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<tr>
<td>10:45am - 12:15pm</td>
<td>Break</td>
</tr>
<tr>
<td>12:15pm - 12:45pm</td>
<td>Registration</td>
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<td></td>
<td>Afternoon Moderator</td>
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<tr>
<td></td>
<td>Kathie Maxwell, FNP, CNM, MSN</td>
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<tr>
<td>12:45pm - 1:00pm</td>
<td>Welcome and Introductions</td>
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<tr>
<td></td>
<td>Kathie Maxwell, FNP, CNM, MSN</td>
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<tr>
<td>1:00pm - 2:00pm</td>
<td>Guarding the Microbiome in Women's Health</td>
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<td></td>
<td>Cynthia Belew, MS, CNM, WHNP-C</td>
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<tr>
<td>2:15pm - 3:45pm</td>
<td>Workshops</td>
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<tr>
<td></td>
<td>1. Guarding the Normalcy of Sleep and Circadian Rhythms</td>
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<td></td>
<td>Cynthia Belew, MS, CNM, WHNP-C</td>
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<tr>
<td></td>
<td>2. Gyn and Office Emergencies (MOC**)</td>
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<tr>
<td></td>
<td>Brenda Pereda, MD, MSCR</td>
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<tr>
<td></td>
<td>Rameet Singh, MD, MPH</td>
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<tr>
<td>3:45pm - 4:00pm</td>
<td>Break</td>
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<tr>
<td>4:00pm - 5:00pm</td>
<td>Stump the Professor</td>
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<td></td>
<td>Facilitated by Eve Espey, MD</td>
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<tr>
<td>5:15pm - 7:00pm</td>
<td>No Host Reception &amp; Poster Session</td>
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<tr>
<td>5:45pm - 7:30pm</td>
<td>ACNM Business Dinner and Meeting</td>
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### Saturday, February 11, 2017

<table>
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<tr>
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<tr>
<td>7:15am - 8:00am</td>
<td>Breakfast</td>
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<tr>
<td>8:00am - 8:45am</td>
<td>Legislative and Perinatal Collaborative Update</td>
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<td></td>
<td>Linda Siegle, Lobbyist &amp; Eve Espey, MD</td>
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<tr>
<td>8:45am - 9:30am</td>
<td>Caring for Survivors of Sexual Trauma</td>
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<td></td>
<td>Carmen Landau, MD</td>
</tr>
<tr>
<td>9:30am - 10:15am</td>
<td>The Forth Trimester: Redefining Postpartum Care</td>
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<td></td>
<td>Haywood Brown, MD</td>
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<tr>
<td>10:15am - 10:30am</td>
<td>Q &amp; A Session</td>
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<td>Break</td>
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<td>Break</td>
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### Notes
- Nexplanon Training not available for CME credit.
- MOC participants must register for two (2) hands-on workshops to qualify for MOC requirements. LIMIT OF 30 participants per workshop.
Accreditation

The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application has been made for American College of Obstetricians and Gynecologists (ACOG) cognates.

The Continuing Education Committee of the American College of Nurse-Midwives is granting reciprocity status to the Accreditation Council for Continuing Medical Education (ACCME) for Category 1 (formal didactic offerings), effective March 1, 1989. This conference is approved for 10.5 hours.

This activity has been submitted to the New Mexico Nurses Association Accredited Approver Unit for approval to award contact hours. NMNA AAU is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Application has been submitted for continuing education credits through the University of New Mexico Health Sciences Center College of Pharmacy, an accrediting body for the Accreditation Council for Pharmacy Education.

The ABOG MOC standards now allow participation in ABOG-approved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This course has been approved to meet ABOG Improvement in Medical Practice requirements for 2017.

Conference Location / Accommodations

The conference will be held at the Embassy Suites Hotel & Spa, 1000 Woodward Pl. NE, Albuquerque, NM 87102.

A block of rooms has been reserved for participants of this conference at the Embassy Suites Hotel for the nights of February 9 -11, 2017. Special rates are available to you if you make your room reservations no later than Friday, January 27, 2017.

To make room reservations, participants should contact the hotel directly:

Embassy Suites Hotel & Spa, 1000 Woodward Pl. NE, Albuquerque, NM 87102
505-245-7100 or 800-362-2779

Please identify yourself as a participant of the 2017 Annual Women's Health Conference.

Participant rate is: $89

All reservations must be guaranteed with a one night's deposit in the form of a credit card.

Registration

How To Register:

- On-line at: http://som.unm.edu/education/cme
- Fax your registration 24 hours/day to (505) 272-8604
- Call (505) 272-3942 between 8:00 am and 5:00 pm M.S.T.
- Mail to: UNM CME; MSC09 5370; 1 University of New Mexico; Albuquerque, NM 87131-0001

Contact Information

This conference is presented by the University of New Mexico Health Sciences Center School of Medicine, Continuing Medical Education & Professional Development. For additional information contact: UNM School of Medicine; Continuing Medical Education & Professional Development; MSC09 5370; 1 University of New Mexico; Albuquerque, New Mexico 87131-0001; (505) 272-3942 - FAX (505) 272-8604.

http://som.unm.edu/education/cme.

Individuals requiring special accommodations should contact Continuing Medical Education & Professional Development as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.
2017 Annual Women’s Health Conference
February 10 – 11, 2017 • Embassy Suites Hotel

Please print in ink or type.

First Name: __________________________ Last Name: __________________________

Title (please circle):   MD   DO   NP   CNM   PA   Nurse   Other: _______________________

Specialty: __________________________________________________________________

Street: ___________________________________________________________________

City: _______________________________________   State: ______   Zip:  _____________

Email: ____________________________________________________________________

Daytime Phone: _______________________    Fax: _________________________________

WORKSHOP REGISTRATION
Register Now To Get Your First Choice!

Friday, February 10, 2017
Workshop – 2:15pm - 3:45pm   Select 1, 2, 3, 4 or 5
First Choice _______  Second Choice _______

Saturday, February 11, 2017
Workshop - 10:45am – 12:15pm   Select 6, 7, 8, 9 or 10
First Choice_______  Second Choice_______

Saturday, February 11, 2017
Workshop - 1:45pm – 3:15pm  Select 11, 12, 13, 14, 15 or 16
First Choice_______  Second Choice_______

Nexplanon Training - please register me for the course ______ (limited number of spaces)

Meals
___ Meat   ___ Vegetarian        ___ Other__________________________

Please indicate method of payment:
____Check(Make payable to UNM CME)
____ UNM Tuition Remission Form(copy enclosed)
____ MasterCard____ Visa
____ Purchase Order #_____________________________________________(copy enclosed)

Account #:  ________________________________________________________________
Exp. Date: ________________________ Amount: $ _______________________________
(Include the last 3 numbers of code on the back of card ___ ___ ___)

Signature:__________________________________________________________________

(*Must provide proof of student full-time status. Tuition scholarships for students may be
available. Please contact UNM Continuing Medical Education & Professional Development
for more information. Students will not receive professional credit.)

(**Paid by NMACOG. Will not receive professional credit.)

Make check payable to UNM Continuing Medical Education & Professional Development
and mail it along with this form to:

UNM Continuing Medical Education & Professional Development, MSC09 5370,
1 University of New Mexico, Albuquerque, NM 87131-0001. Telephone (505) 272-3942 and
Fax (505) 272-8604 registrations accepted for VISA or MasterCard only. Faxed registrations,
which do not have credit card information provided, will not be processed.

This form may be duplicated for additional registrations.
**2017 Annual Women’s Health Conference**

**Registration Information**

Advance registration is encouraged. Please register early to avoid disappointment. Minimum and maximum numbers have been established for this conference and for the workshops. UNM CME does not maintain a petty cash fund. Cash payments must be made in the exact amount of tuition. It is UNM Policy to charge offerer $15.00 plus normal merchant bank fees for each returned check.

If you are paying by credit card, online registration is available at the UNM CME website, http://som.unm.edu/education/cme. A confirmation letter will be e-mailed to you. Please present your confirmation letter at the registration desk upon arrival at the conference. If you do not receive a confirmation letter, please contact UNM CME at (505) 272-3942 to verify your attendance.

Registration includes conference materials, breakfast, lunch, refreshment breaks, and beverages. Your pre-registration will be confirmed. Telephone (505) 272-3942 and FAX (505) 272-8604 registrations will be accepted only with VISA/MasterCard. Faxed registrations, which do not have credit card information provided, will not be processed.

**REGISTRATION FEES**

<table>
<thead>
<tr>
<th>Early Registration (Postmarked on or before January 26, 2017)</th>
<th>Using Tuition Remission</th>
<th>Regular Registration (Postmarked after January 26, 2107)</th>
<th>Using Tuition Remission</th>
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<tbody>
<tr>
<td>MD &amp; DO</td>
<td>$275</td>
<td>MD &amp; DO</td>
<td>$315</td>
</tr>
<tr>
<td>ACOG Member</td>
<td>$245</td>
<td>ACOG Member</td>
<td>$285</td>
</tr>
<tr>
<td>NP, CNM, PA, Nurse, Other</td>
<td>$220</td>
<td>NP, CNM, PA, Nurse, Other</td>
<td>$260</td>
</tr>
<tr>
<td>ACNM Member</td>
<td>$215</td>
<td>ACNM Member</td>
<td>$255</td>
</tr>
<tr>
<td>Full-time Student</td>
<td>$115*</td>
<td>Full-time Student</td>
<td>$155*</td>
</tr>
<tr>
<td>Med Student* - ACOG Member</td>
<td>N/C**</td>
<td>Med Student* - ACOG Member</td>
<td>N/C**</td>
</tr>
</tbody>
</table>

(*Must provide proof of student full-time status. Tuition scholarships for students may be available. Please contact UNM CME for more information. Students will not receive professional credit.) (**Paid by NMACOG. Will not receive professional credit.)

**Tuition Remission**

All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed on the registration form. Properly completed and original remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance. The on-line UNM Tuition Form may be accessed at http://hr.unm.edu/benefits/tuition-remission

**Cancellation**

If you cannot attend, Continuing Medical Education & Professional Development will refund tuition, less a $40.00 administrative fee provided it is received in writing on or before February 2, 2017. No refunds will be issued after this date or for non-attendance.

Conferences are subject to cancellation. In the event this conference is cancelled, the UNM CME is not responsible for any airfare, hotel, or other costs incurred by participants.