

Student-led Wellness Activities July 2017

Zia Bowl:

- A fun afternoon of athletic games, puzzle-solving and trivia in which houses and academies compete against each other to win free pizza and possession of the House Cup.
- 2017: Scheduled for the afternoon of 8/22/17
- Contact Ethan Prairie (Eprairie@salud.unm.edu), MSII for additional information

Transitions Ceremony:

- An annual ceremony to mark the passage of Phase 1/preclinical students to Phase 2/clinical students – think of it as a second white coat ceremony in which students share their commitments to professionalism.
- 2018: will be held in 4/17/17
- Contact Chris Bouchard (Cbouchard@salud.um.edu), MSIII for additional information

Intramural Sports:

- Leagues and weekly games – contact Ethan Prairie (Eprairie@salud.unm.edu) for details, or check out your class FB page.

Student parent group:

- Group of students who meet monthly to talk about life as a parent and a student, share ideas about cooking and daycare, and exchange clothes and toys. Most have kids, others are thinking about kids and some even come just to be supportive of classmates with kids.
- For information, contact Cecilia Payan (Cpayan@salud.unm.edu)

Please feel free to contact any of your student wellness representatives with new ideas or to help out with above offerings:

- [Rosstin Ahmadian](#)
- [Ashley Dorneden](#)
- [Chris Bouchard](#)
- [Ella Dolan](#)
- [Jessie Medina](#)
- [Ethan Prairie](#)
- [Josh Romero](#)