46th Annual Carrie Tingley Hospital
Winter Conference
*Pediatric Orthopaedic Spine Disorders*
January 22, 2016
Conference Information
The Diagnosis and Treatment of the Pediatric Orthopaedic Spine is the focal point for the 46th Annual Carrie Tingley Hospital Winter Conference. A well rounded conference which will enable participants to gather knowledge about common and more prevalent spine/back problems seen in children. Topics discussed will range from initial diagnosis, assessment of the child, management and workup of back pain. Diagnosis and treatment of Idiopathic, Neuromuscular and Congenital Scoliosis will also be covered. Invited speakers, well known in the field of Pediatric Orthopaedics will give talks. Our visiting professor is Dr. Sponseller from The Johns Hopkins Hospital. In addition, perspectives from physiotherapy, orthotics, and post-op nursing will be given. Residents will also present interesting cases for discussion.

Who Should Attend
The conference will be appropriate and recommended for any orthopaedic surgeon, pediatrician, family practice doctor, therapist, orthotist, or other practitioner who evaluates and/or treats children that have back pain or scoliosis. Nurses, nurse practitioners, physical therapists, occupational therapists, caregivers, parents/guardians of affected children and physician assistants will find the course material helpful in improving general knowledge.

Objectives
At the conclusion of the course, participants should be able to:
1) Explain the initial work up of pediatric back pain.
2) Identify when an orthopaedic assessment is needed for scoliosis and an appropriate time-frame for referral.
3) Describe surgical and nonsurgical treatment for children with various back/spine problems.
4) Explain the need for a multi-disciplinary team approach for acute care and rehabilitation after surgical treatment of scoliosis/spondylolisthesis.

Friday, January 22, 2016
7:30 – 8:00 am Continental Breakfast and Registration
8:00 – 8:10 am Welcome and Introductions
   Robert C. Schenck, Jr., MD

Session One: Moderator Antony Kallur, MD
8:10 – 8:40 am Principles of Early Onset Scoliosis
   Paul D. Sponseller, MD
8:40 – 8:45 am Questions
8:45 – 9:15 am Casting for Early Onset Scoliosis
   Selina Silva, MD
9:15 – 9:20 am Questions
9:20 – 9:50 am Adolescent Idiopathic Scoliosis
   David Bennett, MD
9:50 – 9:55 am Questions
9:55 – 10:10 am Refreshment Break

10:10 – 10:40 am Bracing Options for Scoliosis
   Stephanie Legare-Romero, CO, MSPO
10:40 – 10:45 am Questions
10:45 – 11:15 am Neuromuscular Scoliosis Management
   Paul D. Sponseller, MD
11:15 – 11:25 am Questions
11:25 – 11:55 am Congenital Scoliosis
   Urvij Modiha, MD
11:55 – 12:00 pm Questions
12:00 – 1:00 pm Lunch Break
   Resident Research Lunch with Visiting Professor
   Meeting of the New Mexico Orthopaedic Association

Session Two: Moderator Selina Silva, MD
1:00 – 1:30 pm Spondylolysis and Spondylolisthesis
   Antony Kallur, MD
1:30 – 1:35 pm Questions
1:35 – 2:05 pm Post-Op Care of Posterior Spinal Fusion Patient: Nurse Perspective
   Ashley Garcia, RN, BSN and David Murchio, RN, BSN, UBE
2:05 – 2:10 pm Questions
2:10 – 2:55 pm Physical Therapy Treatment for Back Pain and Pre/Post Scoliosis Surgery
   Catherine Fawls, PT, DPT
2:55 – 3:00 pm Questions
3:00 – 3:15 pm Refreshment Break
3:15 – 3:45 pm Scoliosis into Adulthood
   Andrew Paterson, MD
3:45 – 3:50 pm Questions
3:50 – 4:50 pm Case Presentations by Third Year Residents
   UNM Orthopaedic Residents
4:50 – 5:00 pm Final Questions, Evaluations, Wrap Up and Adjournment
Invited Faculty
Paul D. Sponseller, MD
The Johns Hopkins Hospital, Division Head of Pediatric Orthopaedics
Baltimore, MD

University of New Mexico Faculty and Staff
David Bennett, MD
Assistant Professor
Department of Orthopaedics and Rehabilitation
Carrie Tingley Hospital

Robert C. Schenck, Jr., MD
Professor and Chair
Department of Orthopaedics and Rehabilitation

Catherine Fawls, PT, DPT
Physical Therapy
Carrie Tingley Hospital

Ashley Garcia, RN, BSN
Surgical Specialty Unit
Carrie Tingley Hospital

Urvi Modhia, MD
Assistant Professor
Department of Orthopaedics and Rehabilitation

Antony Kallur, MD
Assistant Professor
Pediatric Orthopaedics and Spinal Deformity
Department of Orthopaedics and Rehabilitation

Selina Silva, MD
Assistant Professor
Pediatric Orthopaedics and Scoliosis
Department of Orthopaedics and Rehabilitation

David Murchio, RN, BSN, UBE
Rehabilitation and Orthopaedic
Carrie Tingley Hospital

Andrew Paterson, MD
Associate Professor
Department of Orthopaedics and Rehabilitation

Stephanie Legare-Romero, CO, MSPO
Orthotist
Carrie Tingley Hospital Orthotics

Oversight Committee
Mary Blessing, MSN, RN
University of New Mexico College of Nursing

Kristina Wittstrom, PhD, RPh
University of New Mexico College of Pharmacy

William F. Rayburn, MD, MBA
University of New Mexico School of Medicine

American Board for Certification on Orthotics and Prosthetics
The University of New Mexico Office of Continuing Medical Education has applied for credit through American Board for Certification (ABC). Approval of this program is pending.

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How To Attend
• On-line at: http://som.unm.edu/cme
• Fax your registration 24 hours/day to (505) 272-8604.
• Call (505) 272-3942 between 8:00 am and 5:00 pm M.S.T.
• Mail registration to: University of New Mexico Continuing Medical Education & Professional Development, MSC09 5370, 1 University of New Mexico, Albuquerque, NM 87131-0001.

Conference Site and Parking
The conference will be held at the Domenici Center for Health Sciences Education Auditorium on the University of New Mexico North Campus at the corner of Stanford and Marble. Participants are responsible for their own transportation to and from the conference site.

A parking permit will be required for Friday, January 22, 2016. A parking permit for the “M” lot(s) and a campus map will be mailed to you with your confirmation letter, if requested. Please adhere to all parking signs and regulations in order to avoid any citations. However, parking in Reserved, Patient or Official parking spaces is prohibited. To receive your parking permit before the conference, please register by the “Early Bird” deadline.

Participants requiring special accommodations should contact Continuing Medical Education & Professional Development as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

Accreditation
Physicians
The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses
This activity has been submitted to the New Mexico Nurses Association Accredited Approver Unit for approval to award contact hours. NMNA AAU is accredited as an approver of nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Contact Information
This course is presented by the University of New Mexico School of Medicine, Continuing Medical Education & Professional Development. For additional information contact:
University of New Mexico School of Medicine
Continuing Medical Education & Professional Development
MSC09 5370
1 University of New Mexico
Albuquerque, NM 87131-0001
Phone: (505) 272-3942
FAX: (505) 272-8604
Visit the UNM CME website at: http://som.unm.edu/cme

For questions regarding program content, contact:
Antony Kallur, MD or Selina Silva, MD
University of New Mexico
Carrie Tingley Hospital
Phone: (505) 272-5214
Email: akallur@salud.unm.edu or ssilva@salud.unm.edu
Registration Fees

Full-time UNM Students and UNM House Officers may attend the conference at no charge. Availability is limited and is on a first-come, first-serve basis. Please enclose a copy of your UNM ID card with your registration form.

Advance registration is encouraged. Please register early to avoid disappointment. Minimum and maximum registration numbers have been established for this conference.

All pre-registration requests must be accompanied with payment before confirmations are made. Make check payable to the UNM CME. Please mail to UNM School of Medicine, Continuing Medical Education & Professional Development, MSC09 5370, 1 University of New Mexico, Albuquerque, NM 87131-0001.

Telephone registrations (505) 272-3942 and Fax (505) 272-8604 registrations will be accepted for Visa, MasterCard, Purchase Orders and Tuition Remission forms only. UNM CME does not maintain a petty cash fund. All cash payments must be in the exact amount. It is UNM policy to charge $15 plus normal merchant bank fees for each returned check.

UNM Tuition Remission

All eligible UNM Faculty and Staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Properly completed remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance. It can be found here: http://hr.unm.edu/forms/afallforms.php.

Cancellation

If you pre-registered and cannot attend, Continuing Medical Education & Professional Development will refund tuition, less a $40.00 administrative fee, provided it is received in writing on or before January 14, 2016. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, the UNM CME is not responsible for any airfare, hotel or other costs incurred by participants.

Accommodations

We do not have a block of rooms secured for this conference. However, the hotels listed below, are within a couple of miles of the University of New Mexico North Campus.

Albuquerque Crowne Plaza
1901 University Boulevard NE
Albuquerque, NM  87102
Phone: (505) 884-2500

Embassy Suites
1000 Woodward Place NE
Albuquerque, New Mexico 87102
Phone: (505) 245-7100

Hotel Andaluz
125 Second Street NW
Albuquerque, NM 87102
Phone: (505) 242-9090

Hotel Parq Central
806 Central Avenue SE
Albuquerque, NM 87102
Phone: (505) 242-0040

Fairfield Inn
1769 Menaul NE
Albuquerque, NM 87102
Phone: (505) 889-4000