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Books:

• Epstein R. Attending: Medicine, Mindfulness, and Humanity. 2017.
• Firth-Cozens J. How to Survive in Medicine: Personally and Professionally. 2013.
• Lipsenthal L. Finding Balance in a Medical Life. 2007.
• Lipsky LVD. Trauma stewardship: an everyday guide to caring for self while caring for others. 2009.